



SOMA Endodontics

Postoperative Instructions for Root Canal Treatment

1. While you are anesthetized/numbed, you may not have feeling in the area, please avoid eating or drinking anything hot as you may not feel the heat and may burn yourself.

2. When the doctor places a temporary restoration on your tooth:

If root canal therapy has been initiated, you must schedule an additional appointment(s) at our office for completion.

If root canal therapy has been completed, you must return to your regular dentist to have the temporary filling replaced. A crown may be recommended. Please avoid pressure or chewing on the tooth that has been treated until you have seen your regular dentist for permanent restoration as you can break the temporary filling or your tooth. The delay in obtaining the permanent restoration can cause the coronal leakage of the temporary restoration leading to re-infection of the root canals. The root canal treatment will need to be redone as a result of the coronal leakage.

Please call your dentist as soon as possible after completion of the root canal treatment to make an appointment at a time, which is convenient for you and your dentist for permanent restoration.

3. You may experience some discomfort on the tooth that has been treated. This may last anywhere between 7-10 days. Swelling in the affected area can also occur. These are not unusual post-operative events. You can take over the counter pain medications such as Ibuprofen, known as Advil® or Motrin®. We recommend taking 3 to 4 tablets of the Ibuprofen 200 mg every 6 hours or as needed for pain.

4. Please continue with any medications prescribed, unless instructed otherwise by the doctor. Notify the office in the event of any significant swelling, pain, or problems from the prescribed medication(s).

Remember that even though your tooth may be comfortable, follow-up treatment visits including those visits for permanent restoration are necessary!!!!

We expect your recovery period to be as uneventful as possible. However, if a question or concern should arise regarding your treatment or medication being taken, please feel free to call or text a message to our staff at (415) 278-7015 or send an email to info@soma-endo.com.